

## UNIFORMS AND DRESS CODE

### Lower School

PreK students do not have uniforms. Comfortable play clothes are recommended and athletic sneakers are required for gym.

### Girls K-4

- Yellow or navy tunic
- White or yellow turtleneck or polo shirt with collar
- Yellow or navy cardigan
- Yellow, white, or navy socks
- Navy or white tights, navy or yellow leggings or yoga pants
- Sneakers (athletic style-tie or Velcro, no light-ups or slip-ons)

### K-4 Gym Attire

Navy shorts, navy leggings or sweat pants, an outdoor jacket or AIS sweatshirt that does not inhibit running, and athletic sneakers that tie or are Velcro. Sneakers do not have to be white, but the soles must not be colored because they damage the gym floors.

### Middle School

- AIS navy kilt
- 5th-7th grades: Yellow (not gold) polo shirt with collar, turtleneck and/or oxford-style shirt\*
- 8th grade only: White polo shirt with collar, turtleneck and/or oxford-style shirt\*
- Navy sweater\*
- Navy, gray or white AIS sweatshirt
- Navy fleece or quilted vest\*
- Navy tights, leggings or sweatpants\*
- AIS gym shorts under kilt
- Shoes must have backs; no boots
- AIS backpack

### Grades 5 and 6 Gym Attire

- AIS gray t-shirt
- AIS mesh shorts or navy Softe track shorts
- Navy or gray AIS sweatshirt
- Navy sweatpants\*

### Grades 7 and 8 Gym Attire

- AIS gray T-shirt; any navy, white or gray T-shirt from school store\*; AIS spirit gear T-shirt
- AIS mesh shorts or other navy shorts\*
- Navy fleece\*
- Navy sweatpants\*
- Navy yoga pants or leggings\*

*\*Items must be plain, with no insignias or logos except AIS.*

### Upper School

#### Required Items

- AIS navy, yellow or plaid kilt, at least mid-thigh in length
- White or navy polo shirt\*, turtleneck\*, or AIS rugby shirt
- Closed-toe shoes with backs

#### Optional Items

- Navy or white sweater\*
- Navy or white sweatshirt\*
- Navy or white fleece/vest\*
- Solid navy or black leggings, tights, or fitted yoga pants for under kilt

*\*Items must be plain, with no insignias or logos except AIS.*

### Upper School Friday Dress

Each Friday, uniforms are optional. Friday dress is professional casual and must be school appropriate. Dress slacks, mid-thigh dresses/skirts, and sleeveless shirts and dresses are appropriate.

Examples of inappropriate items:

- Tank tops
- Shorts
- Denim
- Ripped/un-hemmed clothing
- Legwear such as sweatpants, pajamas, athletic pants and jeggings